

GreensFIRST® LEAN

Carb Blocker 5.0

CONTAINS 5 DIFFERENT CARB AND STARCH BLOCKERS*

- Carbohydrate metabolism support*
- Supports weight loss & glucose elimination*
- Supports reduction of carbohydrate absorption*
- Inhibits the breakdown of starches into sugar*
- Supports balanced sugar production in the liver

Sometimes you do not eat perfectly. Carb Blocker 5.0 prevents that one bad meal from disrupting your diet. We have combined 5 powerful ingredients that work harmoniously together to help stop your body from turning sugar into fat. This synergistic combination of supplements works 5 ways.

1. It inhibits starches from being converted into sugar*
2. It reduces the absorption of sugar into the blood stream*
3. It slows the digestion of sugar*
4. It makes your muscles more sensitive to insulin so the muscles absorb more sugar*
5. It inhibits fat storage forcing your body to burn off excess sugar instead of storing it as fat*

Carb Blocker 5.0 will reduce sugar spikes while also reducing low sugar events.



- Reduces and delays the absorption of sugar in the digestive tract*
- Reduces the amount of sugar the liver releases into the bloodstream*
- Helps the body convert its own fat into energy*
- May reduce blood sugar spikes after a meal*

Key Ingredients:

- ✓ **White Kidney Bean Extract** – Inhibits the conversion of starch into sugar
- ✓ **Gymnema Sylvestre Extract** – Blocks sugar absorption in the intestines also stimulates production of insulin to lower blood sugar
- ✓ **Conjugated Linoleic Acid (CLA)** – Helps maintain normal blood sugar by forcing sugar into the muscles instead of making fat
- ✓ **Green Coffee Bean Extract** – Reduces blood glucose levels after a meal up to 24%, but never produces low blood sugar
- ✓ **Chromium Picolinate** – Chromium is a trace element which may work closely with insulin to help facilitate the uptake of glucose into cells

Supplement Facts

Serving Size: 3 Veggie Capsules

Servings Per Container: 30

	Amount Per Serving	% DV*
White Kidney Bean Extract 4:1	900 mg	†
Gymnema sylvestre Extract 5:1	600 mg	†
Conjugated Linoleic Acid (CLA)	300 mg	†
Green Coffee Bean Extract 50%	300 mg	†
Chromium Picolinate	300 mcg	†

† Daily Value (DV) not established

Other Ingredients: Vegetable Capsule

Directions for Use:

As a dietary supplement, take 3 veggie capsules prior to ingestion of a meal containing carbohydrates or starches, or as directed by your healthcare provider.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.GreensFirstLean.com