

GreensFIRST® LEAN

Protein 5 Plus

A PERFECT BLEND OF THREE SPECIALIZED PROTEINS, ONE KETO FAT, AND ONE SUPERFOOD FIBER*

- Pure Hydrolyzed Whey Protein supports muscle development and fullness*
- Collagen Protein supports skin and joints*
- Cold filtered Egg White Protein supports long lasting fullness*
- MCT Oil supports healthy energy and fullness*
- Prebiotic blend supports healthy digestion*

Protein 5 Plus has five key ingredients in the perfect combination of protein, fat and fiber. The special blend of Hydrolyzed Whey Protein, Collagen Protein and Egg White Protein are naturally time released for long lasting fullness, and the Collagen peptides are great for rejuvenating skin and healthier joints. MCT Oil, the healthiest fat, helps stimulate the burning of your own body fat for energy and keeps you feeling full. Superfood fiber nourishes your digestive flora while also helping you to feel full longer. Enjoy the most perfect blend of proteins, fat and fiber for your body - Protein 5 Plus.



Vanilla:

Supplement Facts

Serving Size: 34 g (Approx. 1 Scoop)

Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	140	
Total Fat	3 g	4%*
Saturated Fat	2.5 g	13%*
Cholesterol	50 mg	17%
Total Carbohydrate	6 g	3%*
Dietary Fiber	2 g	8%*
Total Sugars	1 g	†
Protein	21 g	
Calcium	125 mg	10%
Sodium	140 mg	6%
Potassium	180 mg	4%
Proprietary Blend	24 g	†
Whey Protein Concentrate, Egg White Protein.		
FiberGum™ Organic Talh (<i>Acacia seyal</i>) Gum Powder	2 g	†
Nutri Sperse® MCT 70 Medium Chain Triglycerides	2 g	†
Peptan® B 5000 HD Bovine Collagen Peptides	2 g	†
Stevia Leaf Extract	120 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet

† Daily Value not established.

Other Ingredients: Fructooligosaccharides, Natural Flavor, Guar Gum Powder, Xanthan Gum Powder, Silicon Dioxide.

Chocolate:

Supplement Facts

Serving Size: 37.5 g (Approx. 1 Scoop)

Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	150	
Total Fat	3.5 g	4%*
Saturated Fat	3 g	15%*
Cholesterol	50 mg	17%
Total Carbohydrate	7 g	3%*
Dietary Fiber	2 g	8%*
Total Sugars	1 g	†
Protein	21 g	
Calcium	135 mg	10%
Iron	1.5 mg	8%
Sodium	155 mg	7%
Potassium	325 mg	7%
Proprietary Blend	24 g	†
Whey Protein Concentrate, Egg White Protein.		
FiberGum™ Organic Talh (<i>Acacia seyal</i>) Gum Powder	2 g	†
Nutri Sperse® MCT 70 Medium Chain Triglycerides	2 g	†
Peptan® B 5000 HD Bovine Collagen Peptides	2 g	†
Stevia Leaf Extract	120 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet

† Daily Value not established.

Other Ingredients: Chocolate Bean Powder Processed with Alkali, Fructooligosaccharides, Sunflower Lecithin Powder, Natural Flavor, Guar Gum Powder, Xanthan Gum Powder, Silicon Dioxide.

Directions for Use:

As a dietary supplement, take one or more scoops daily to supply your diet with protein. Mix one level scoop with 12 ounces of water, nut milk, or your favorite beverage (use 8-10 ounces of your favorite beverage for a thicker shake). Enjoy!

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.GreensFirstLean.com