

# GreensFIRST® LEAN

## Control All Natural Appetite Support\*

- **Suppresses appetite**
- **Burns existing fat**
- **Boosts mood and enhances thinking skills**
- **Raises metabolism and energy levels**
- **Lose body fat, not just water retention\***

Control is a safe, natural and effective tool for weight management that helps to both control your appetite and burn existing fat instead of just shedding water weight. Cravings become easy to overcome, healthy eating is easier to implement, and you see real results.

A positive attitude is empowering and can be helpful with weight loss. Control also helps regulate hormones that affect your mood and mental focus. When your cognitive abilities are strengthened, it becomes easier to maintain motivation and stay on your eating plan.

Control supports a steady level of the right hormones to boost your metabolic rate, which not only helps manage weight, but takes your energy to a higher level to enhance an active lifestyle. More activity leads to higher metabolism, which in turn enhances the weight management process even further.

Control is safe and effective. Its advanced formula and high standards and procedures in manufacturing has created a product that has earned the support of healthcare professionals.



- **Suppress Appetite\***
- **Increase Metabolism\***
- **Increase Energy Levels\***
- **Accelerate Fat Mobilization\***
- **Enhance Cognitive Abilities\***

## Key Ingredients:

- ✓ **Caffeine Anhydrous** – Commonly used by athletes while training, this type of dehydrated caffeine stimulates neural activity by counteracting the neurotransmitter adenosine, which inhibits nervous system activity.
- ✓ **White Kidney Bean Extract** – Prevents or slows down the digestion of complex carbohydrates by inhibiting starch-digesting enzymes.
- ✓ **Beta-Phenylethylamine HCL** – Organic compound known for enhancing cognitive abilities. It helps release norepinephrine and dopamine, chemicals that regulate mood and behavior.
- ✓ **L-Theanine** – An amino acid commonly found in teas that promotes relaxation without causing drowsiness; can reduce stress and improve memory.
- ✓ **Synephrine HCL** – An alkaloid extract of bitter orange peel that breaks down fat, reduces food cravings and enhances metabolism.
- ✓ **Hordenine HCL** – Predominantly found in plants, Hordenine HCL enhances cognitive abilities, increases physical strength and stimulates metabolism.

## Supplement Facts

**Serving Size: 1 Veggie Capsule**

**Servings Per Container: 60 Capsules**

	<b>Amount Per Serving</b>	<b>%DV*</b>
Caffeine Anhydrous	200 mg	†
White Kidney Bean Extract (4:1)	200 mg	†
Beta-Phenylethylamine HCl	150 mg	†
L-Theanine	50 mg	†
Synephrine HCL (98%)	10 mg	†
Hordenine HCl	10 mg	†

† Daily Value (DV) not established

**Other Ingredients:** Vegetable Capsule

## Directions for Use:

Take 1 veggie capsule up to 2 times daily. Allow 3 to 4 hours between servings. Do not exceed 2 capsules daily. Do not use this product 2 hours before going to sleep.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[www.GreensFirstLean.com](http://www.GreensFirstLean.com)