

GreensFIRST® LEAN

Stress & Craving

Supports Healthy Metabolism*

- Helps control appetite and produce feeling of fullness
- Increases production of norepinephrine and curbs cravings
- Helps balance mood and enhances mental focus
- Supports sugar transfer to muscle not fat

Stress & Craving is an important addition to any phase of an individual weight management program. Whether beginning a new program or transitioning into a maintenance period, Stress & Craving will help to naturally suppress appetite and accelerate fat metabolism.

Stress & Craving has a triple action system for maximum results. By combining Garcinia Cambogia, Bioperene® and Phenylalanine, Stress & Craving uses these three ingredients to help manage your appetite.

L-phenylalanine is an essential amino acid that supports the formation of dopamine, norepinephrine, and epinephrine, which are the hormones that are depleted by stress and certain prescription drugs. By replenishing norepinephrine, mental energy levels are enhanced and a feeling of contentment often occurs.

Stress & Craving is a non-stimulant and is available without a prescription.



- L-Phenylalanine supports a decreased appetite by triggering the natural release of CCK*
- Garcinia Cambogia slows the body's conversion of carbohydrates into fat and absorption of cholesterol*
- Bioperine® supports maximized nutrient absorption*

Key Ingredients:

- ✓ L-Phenylalanine – essential amino acid which converts to neurotransmitter in the brain; precursor to norepinephrine
- ✓ Garcinia Cambogia with Bioperine® – helps normalize lipid levels, prevents lean tissue loss and stimulate carbohydrate metabolism
- ✓ Vitamins C & B6 – required to convert phenylalanine to norepinephrine
- ✓ Vitamin B5 – co-enzyme that is key to the utilization of other vitamins
- ✓ CCK – cholecystokinin (CCK) plays a key role in facilitating digestion within the small intestine and mediates satiety (meaning it can help suppress hunger)

Supplement Facts

Serving Size: 1 Veggie Capsule

Servings Per Container: 90

	Amount Per Serving	% DV*
Garcinia cambogia Extract (60%)	500 mg	†
L-phenylalanine	300 mg	†
Vitamin C (as Ascorbic acid)	88 mg	146%
Pantothenic acid (as d-calcium pantothenate)	50 mg	500%
Vitamin B6 (as Pyridoxine HCL)	10 mg	588%
BioPerine® (Sabinsa®)	2.5 mg	†
Chromium (as polynicotinate)	100 mcg	†

† Daily Value (DV) not established

Other Ingredients: Vegetable Capsule, Rice Flour

Directions for Use:

As a dietary supplement take 1 veggie capsule before each meal, up to 3 times daily.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.GreensFirstLean.com